

Welcome to United Hearts Adult Medical Daycare & Resource Center!  
9317 Belair Road, Nottingham, MD

### A Foundation of Care & Community

Housed in the beautifully restored former Perry Hall School built in 1925 and in active use until 1956 — United Hearts AMDC center embraces more than a century of history and transformation. With a recent heritage-focused renovation, our space now radiates warmth, charm, and modern purpose.



## Our Story

United Hearts AMDC was created with a heartfelt mission — to provide a safe, loving, and uplifting place where adults with developmental disabilities feel valued, supported, and empowered every day. Inspired by a vision to serve our community with compassion and excellence, we opened our doors at 9317 Belair Road to offer meaningful programs, medical support, and a true sense of family. At United Hearts, we believe in dignity, purpose, and joy — and we are honored to walk beside every individual on their journey toward greater independence and fulfillment.

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## United Hearts Adult Medical Daycare & Resource Center

9317 Belair Rd



# Activities



## Enriching Group Programs

**Line Dancing** – Step in time to fun, laughter, and friendship. All skill levels welcome!

**Chair Yoga & Gentle Stretching** – Experience relaxation, mobility, and mindfulness in a safe, supportive environment.

**Bingo & Social Games** – Engaging, lighthearted fun for every level of ability.

# Why Choose United Hearts AMDC?

**Nurturing Health & Wellbeing** – Medical supervision and thoughtfully planned activities support physical, mental, and emotional wellness.

**Strengthening Community & Memory** – From group exercises to bingo chatter, our programs foster connection, memory engagement, and pure joy.

**A Legacy of Care** – We respect and embrace the building's journey from schoolhouse to vital community anchor.

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**United Hearts AMDC, embraces a legacy and future of loving care, vibrant activity and community connection. Be a part of our story!**

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**Hours of Operations-**  
**8AM-6PM**

## Mission Statement-

To enrich lives with dignity, respect, and joy through meaningful social interaction, health services and holistic care.

